

**UBCO Heat (W) (0) -vs- Regina Cougars (W) (0)**  
**02/21/25 at War Memorial Gymnasium**

**Date:** 02/21/25

**Time:** 0

**Attendance:** 74

**Site:** War Memorial Gymnasium

**Referees:** Carriera Lamoureux, Lisa Waschuck, EJ Link

Score By Period	1	2	3	4	Total
UBCO Heat (W)	10	16	18	12	56
Regina Cougars (W)	15	15	14	20	64

**UBCO Heat (W) 56**

#	Player	GS	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
9	Pink, Lily	*	35+	8-15	1-1	1-2	0-3	3	1	1	4	4	2	18
3	Foullong, Lauren	*	28+	4-11	3-9	0-0	0-5	5	0	1	3	0	2	11
14	Falk, Kelsey	*	33+	3-9	0-1	1-2	3-11	14	2	3	5	0	3	7
11	McCarthy, Tennyson	*	20+	3-8	0-1	0-0	2-4	6	0	1	1	2	1	6
4	Tsuzuki, Tsuki	*	30+	2-8	0-0	1-2	0-2	2	0	2	2	0	1	5
5	Williams, Aiko		13+	1-8	1-6	0-0	1-1	2	0	0	1	0	0	3
1	Kaczur, Kiana		18+	1-5	0-3	0-0	2-3	5	1	1	0	0	0	2
7	Aina, Temi		15+	1-4	0-0	0-0	1-1	2	5	0	3	0	0	2
13	Hart, Stefanie		8+	1-2	0-0	0-0	1-0	1	0	0	1	0	1	2
TM	TEAM		0	0-0	0-0	0-0	4-4	8	0	0	2	0	0	0
<b>Totals</b>		-	200	24-70	5-21	3-6	14-34	48	9	9	22	6	10	56

Team Summary	FG		3PT		FT	
1st Quarter	4-20	20.00%	1-7	14.29%	1-2	50.00%
2nd Quarter	7-17	41.18%	1-5	20.00%	1-2	50.00%
3rd Quarter	8-19	42.11%	2-5	40.00%	0-0	0.00%
4th Quarter	5-14	35.71%	1-4	25.00%	1-2	50.00%
<b>Total</b>	<b>24-70</b>	<b>34.3%</b>	<b>5-21</b>	<b>23.8%</b>	<b>3-6</b>	<b>50.0%</b>

**Technical Fouls:** none

**Second Chance Points:** 8

**Scores Tied:** 1 times(s)

**Points in the Paint:** 32

**Fast Break Points:** 6

**Lead Changed:** 2 times(s)

**Points off Turnovers:** 5

**Bench Points:** 9

**Largest Lead:** 4 0

**Regina Cougars (W) 64**

#	Player	GS	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
10	Vanderhooft, Rachel	*	32+	8-19	0-0	2-3	5-4	9	1	2	1	0	1	18
6	Misskey, Cara	*	32+	6-15	3-7	2-2	0-7	7	4	6	4	0	5	17
12	Belmore, Jade	*	39+	4-13	0-2	2-2	1-8	9	0	2	3	1	1	10
11	Fust, Izzi	*	27+	2-9	0-2	0-2	2-4	6	0	2	4	3	1	4
13	Metz, Brenna	*	25+	2-2	0-0	0-0	1-1	2	2	1	2	1	0	4
9	Fust, Kyu		15+	2-4	2-4	0-0	0-1	1	0	0	1	0	0	6
4	Gottselig, Taylor		16+	2-4	1-1	0-0	0-1	1	1	1	3	0	1	5
8	Seida, Maddy		11+	0-4	0-2	0-0	0-0	0	0	1	0	0	0	0
5	Ward, Alexyn		2+	0-0	0-0	0-0	0-0	0	0	0	0	0	1	0
3	Valley, Josie		1+	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
TM	TEAM		0	0-0	0-0	0-0	3-6	9	0	0	1	0	0	0
<b>Totals</b>		-	200	26-70	6-18	6-9	12-32	44	8	15	19	5	10	64

Team Summary	FG		3PT		FT	
1st Quarter	7-17	41.18%	1-6	16.67%	0-0	0.00%
2nd Quarter	6-17	35.29%	3-5	60.00%	0-2	0.00%
3rd Quarter	7-20	35.00%	0-3	0.00%	0-0	0.00%
4th Quarter	6-16	37.50%	2-4	50.00%	6-7	85.71%
<b>Total</b>	<b>26-70</b>	<b>37.1%</b>	<b>6-18</b>	<b>33.3%</b>	<b>6-9</b>	<b>66.7%</b>

**Technical Fouls:** none

**Second Chance Points:** 10

**Scores Tied:** 2 times(s)

**Points in the Paint:** 30

**Fast Break Points:** 10

**Lead Changed:** 3 times(s)

**Points off Turnovers:** 24

**Bench Points:** 11

**Largest Lead:** 10 0

1st Box Score

UBCO Heat (W) 10

#	Player	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
9	Pink, Lily	8+	3-4	0-0	0-0	0-1	1	0	0	2	0	0	6
3	Foullong, Lauren	9+	1-6	1-5	0-0	0-1	1	0	0	1	0	0	3
14	Falk, Kelsey	9+	0-2	0-0	0-0	2-2	4	0	1	1	0	0	0
11	McCarthy, Tennyson	5+	0-1	0-0	0-0	1-1	2	0	0	0	0	0	0
4	Tsuzuki, Tsuki	6+	0-5	0-0	1-2	0-0	0	0	0	0	0	1	1
5	Williams, Aiko	3+	0-1	0-1	0-0	0-1	1	0	0	0	0	0	0
1	Kaczur, Kiana	4+	0-1	0-1	0-0	0-2	2	1	0	0	0	0	0
7	Aina, Temi	4+	0-0	0-0	0-0	0-0	0	1	0	0	0	0	0
13	Hart, Stefanie	2+	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
TM	TEAM	0	0-0	0-0	0-0	2-1	3	0	0	0	0	0	0
	Totals	50	4-20	1-7	1-2	5-9	14	2	1	4	0	1	10
			20.0%	14.3%	50.0%								

## Regina Cougars (W) 15

#	Player	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
10	Vanderhooft, Rachel	7+	3-4	0-0	0-0	1-2	3	0	1	0	0	0	6
6	Misskey, Cara	7+	0-1	0-1	0-0	0-4	4	2	2	0	0	1	0
12	Belmore, Jade	9+	2-4	0-0	0-0	0-3	3	0	0	0	1	0	4
11	Fust, Izzi	7+	1-3	0-1	0-0	0-3	3	0	0	2	2	0	2
13	Metz, Brenna	3+	0-0	0-0	0-0	0-0	0	1	0	1	0	0	0
9	Fust, Kyu	5+	1-3	1-3	0-0	0-0	0	0	0	0	0	0	3
4	Gottselig, Taylor	4+	0-1	0-0	0-0	0-0	0	0	0	1	0	0	0
8	Seida, Maddy	5+	0-1	0-1	0-0	0-0	0	0	0	0	0	0	0
5	Ward, Alexyn	1+	0-0	0-0	0-0	0-0	0	0	0	0	0	1	0
3	Valley, Josie	1+	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
TM	TEAM	0	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
	Totals	49	7-17	1-6	0-0	1-12	13	3	3	4	3	2	15
			41.2%	16.7%	NaN								

### 2nd Box Score

UBCO Heat (W) 16

#	Player	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
9	Pink, Lily	9+	3-6	1-1	1-2	0-1	1	0	0	0	1	1	8
3	Foullong, Lauren	6+	1-1	0-0	0-0	0-1	1	0	0	0	0	1	2
14	Falk, Kelsey	7+	1-2	0-1	0-0	0-2	2	0	0	1	0	0	2
11	McCarthy, Tennyson	4+	0-1	0-1	0-0	0-0	0	0	1	0	1	0	0
4	Tsuzuki, Tsuki	7+	0-0	0-0	0-0	0-1	1	0	1	1	0	0	0
5	Williams, Aiko	4+	0-3	0-2	0-0	1-0	1	0	0	0	0	0	0
1	Kaczur, Kiana	4+	1-1	0-0	0-0	1-1	2	0	0	0	0	0	2
7	Aina, Temi	6+	1-3	0-0	0-0	0-1	1	1	0	1	0	0	2
13	Hart, Stefanie	3+	0-0	0-0	0-0	0-0	0	0	0	0	0	1	0
TM	TEAM	0	0-0	0-0	0-0	0-1	1	0	0	2	0	0	0
	Totals	50	7-17	1-5	1-2	2-8	10	1	2	5	2	3	16
			41.2%	20.0%	50.0%								

## Regina Cougars (W) 15

#	Player	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
10	Vanderhooft, Rachel	9+	3-5	0-0	0-0	2-0	2	0	0	1	0	0	6
6	Misskey, Cara	9+	2-4	2-2	0-0	0-1	1	0	3	3	0	0	6
12	Belmore, Jade	10	0-2	0-1	0-0	1-3	4	0	1	0	0	0	0
11	Fust, Izzi	7+	0-3	0-1	0-2	0-0	0	0	1	0	0	0	0
13	Metz, Brenna	5+	0-0	0-0	0-0	0-1	1	0	0	0	0	0	0
9	Fust, Kyu	4+	0-0	0-0	0-0	0-1	1	0	0	1	0	0	0
4	Gottselig, Taylor	5+	1-2	1-1	0-0	0-0	0	1	0	1	0	1	3
8	Seida, Maddy	1+	0-1	0-0	0-0	0-0	0	0	0	0	0	0	0
5	Ward, Alexyn	0	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
3	Valley, Josie	0	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
TM	TEAM	0	0-0	0-0	0-0	1-2	3	0	0	0	0	0	0
	Totals	50	6-17	3-5	0-2	4-8	12	1	5	6	0	1	15
			35.3%	60.0%	0.0%								

### 3rd Box Score

## UBCO Heat (W) 18

#	Player	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
9	Pink, Lily	8+	0-1	0-0	0-0	0-0	0	0	1	1	1	1	0
3	Foullong, Lauren	5+	1-1	1-1	0-0	0-2	2	0	0	1	0	1	3
14	Falk, Kelsey	8+	1-2	0-0	0-0	1-4	5	0	1	1	0	1	2
11	McCarthy, Tennyson	5+	2-4	0-0	0-0	1-2	3	0	0	0	1	0	4
4	Tsuzuki, Tsuki	7+	2-2	0-0	0-0	0-0	0	0	1	0	0	0	4
5	Williams, Aiko	5+	1-3	1-2	0-0	0-0	0	0	0	1	0	0	3
1	Kaczur, Kiana	6+	0-3	0-2	0-0	1-0	1	0	0	0	0	0	0
7	Aina, Temi	2+	0-1	0-0	0-0	1-0	1	1	0	1	0	0	0
13	Hart, Stefanie	3+	1-2	0-0	0-0	1-0	1	0	0	1	0	0	2
TM	TEAM	0	0-0	0-0	0-0	0-1	1	0	0	0	0	0	0
Totals		49	8-19	2-5	0-0	5-9	14	1	3	6	2	3	18
			42.1%	40.0%	NaN								

**Regina Cougars (W) 14**

#	Player	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
10	Vanderhooft, Rachel	8+	0-5	0-0	0-0	1-1	2	0	0	0	0	0	0
6	Misskey, Cara	10+	3-7	0-2	0-0	0-1	1	2	0	0	0	3	6
12	Belmore, Jade	10	2-4	0-0	0-0	0-1	1	0	1	3	0	0	4
11	Fust, Izzi	5+	1-1	0-0	0-0	1-0	1	0	0	0	0	0	2
13	Metz, Brenna	8+	1-1	0-0	0-0	1-0	1	0	0	0	1	0	2
9	Fust, Kyu	2+	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
4	Gottselig, Taylor	2+	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
8	Seida, Maddy	5+	0-2	0-1	0-0	0-0	0	0	1	0	0	0	0
5	Ward, Alexyn	1+	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
3	Valley, Josie	0	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
TM	TEAM	0	0-0	0-0	0-0	1-2	3	0	0	1	0	0	0
	Totals	51	7-20	0-3	0-0	4-5	9	2	2	4	1	3	14
			35.0%	0.0%	NaN								

### 4th Box Score

## UBCO Heat (W) 12

#	Player	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
9	Pink, Lily	10+	2-4	0-0	0-0	0-1	1	1	0	1	2	0	4
3	Foullong, Lauren	8+	1-3	1-3	0-0	0-1	1	0	1	1	0	0	3
14	Falk, Kelsey	9+	1-3	0-0	1-2	0-3	3	2	1	2	0	2	3
11	McCarthy, Tennyson	5+	1-2	0-0	0-0	0-1	1	0	0	1	0	1	2
4	Tsuzuki, Tsuki	9+	0-1	0-0	0-0	0-1	1	0	0	1	0	0	0
5	Williams, Aiko	2+	0-1	0-1	0-0	0-0	0	0	0	0	0	0	0
1	Kaczur, Kiana	5+	0-0	0-0	0-0	0-0	0	0	1	0	0	0	0
7	Aina, Temi	3+	0-0	0-0	0-0	0-0	0	2	0	1	0	0	0
13	Hart, Stefanie	0	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
TM	TEAM	0	0-0	0-0	0-0	2-1	3	0	0	0	0	0	0
	Totals	51	5-14	1-4	1-2	2-8	10	5	3	7	2	3	12
			35.7%	25.0%	50.0%								

## Regina Cougars (W) 20

#	Player	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
10	Vanderhooft, Rachel	8+	2-5	0-0	2-3	1-1	2	1	1	0	0	1	6
6	Misskey, Cara	7+	1-3	1-2	2-2	0-1	1	0	1	1	0	1	5
12	Belmore, Jade	10+	0-3	0-1	2-2	0-1	1	0	0	0	0	1	2
11	Fust, Izzi	8+	0-2	0-0	0-0	1-1	2	0	1	2	1	1	0
13	Metz, Brenna	8+	1-1	0-0	0-0	0-0	0	1	1	1	0	0	2
9	Fust, Kyu	4+	1-1	1-1	0-0	0-0	0	0	0	0	0	0	3
4	Gottselig, Taylor	5+	1-1	0-0	0-0	0-1	1	0	1	1	0	0	2
8	Seida, Maddy	0	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
5	Ward, Alexyn	0	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
3	Valley, Josie	0	0-0	0-0	0-0	0-0	0	0	0	0	0	0	0
TM	TEAM	0	0-0	0-0	0-0	1-2	3	0	0	0	0	0	0
	Totals	50	6-16	2-4	6-7	3-7	10	2	5	5	1	4	20
			37.5%	50.0%	85.7%								

## 1st Play By Play

VISITORS: UBCO Heat (W)	Time	Score	Margin	HOME TEAM: Regina Cougars (W)
MISS LAYUP by TSUZUKI,TSUKI(in the paint)	09:44			
	--			REBOUND DEF by MISSKEY,CARA
	09:35			MISS LAYUP by BELMORE,JADE(in the paint)
REBOUND DEF by MCCARTHY,TENNYSON	--			
TURNOVER by FALK,KELSEY	09:28			
	09:20			TURNOVER by METZ,BRENNNA
STEAL by TSUZUKI,TSUKI	09:20			
MISS LAYUP by TSUZUKI,TSUKI(in the paint)	09:16			
	--			REBOUND DEF by MISSKEY,CARA
	09:03			MISS JUMPER by VANDERHOOF, RACHEL
REBOUND DEF by FALK,KELSEY	--			
	09:00			FOUL by METZ,BRENNNA
MISS 3PTR by FOULLONG,LAUREN	08:48			
	--			REBOUND DEF by MISSKEY,CARA
	08:31	0-2	H 2	GOOD LAYUP by VANDERHOOF, RACHEL(in the paint)
	--			ASSIST by MISSKEY,CARA
MISS LAYUP by MCCARTHY,TENNYSON(in the paint)	08:13			
	--			REBOUND DEF by MISSKEY,CARA
	08:04	0-4	H 4	GOOD LAYUP by VANDERHOOF, RACHEL
	--			ASSIST by MISSKEY,CARA
MISS JUMPER by TSUZUKI,TSUKI	07:46			
	--			REBOUND DEF by FUST,IZZI
	07:42			TURNOVER by FUST,IZZI
MISS JUMPER by FOULLONG,LAUREN	07:37			
REBOUND OFF by TEAM	--			
	07:37			BLOCK by BELMORE,JADE
MISS JUMPER by TSUZUKI,TSUKI	07:29			
	--			REBOUND DEF by BELMORE,JADE
	07:26	0-6	H 6	GOOD LAYUP by BELMORE,JADE(fastbreak)(in the paint)
MISS LAYUP by PINK,LILY(in the paint)	07:16			
	07:16			BLOCK by FUST,IZZI
	--			REBOUND DEF by FUST,IZZI
	07:07	0-8	H 8	GOOD LAYUP by VANDERHOOF, RACHEL(fastbreak)
	06:47			FOUL by MISSKEY,CARA
SUB OUT by MCCARTHY,TENNYSON	06:47			
SUB IN by AINA,TEMI	06:47			
GOOD FT by TSUZUKI,TSUKI	06:47	1-8	H 7	
MISS FT by TSUZUKI,TSUKI	06:47			
REBOUND OFF by TEAM	--			
	06:41			SUB OUT by VANDERHOOF, RACHEL
	06:41			SUB OUT by METZ,BRENNNA
	06:41			SUB IN by SEIDA,MADDY
	06:41			SUB IN by FUST,KYU
SUB OUT by TSUZUKI,TSUKI	06:41			
SUB IN by KACZUR,KIANA	06:41			
GOOD JUMPER by PINK,LILY(in the paint)	06:37	3-8	H 5	
	06:22			MISS 3PTR by FUST,IZZI
REBOUND DEF by KACZUR,KIANA	--			
GOOD 3PTR by FOULLONG,LAUREN	06:11	6-8	H 2	
ASSIST by FALK,KELSEY	--			
FOUL by AINA,TEMI	06:02			
	05:55			MISS LAYUP by BELMORE,JADE(in the paint)
REBOUND DEF by PINK,LILY	--			
GOOD LAYUP by PINK,LILY(fastbreak)(in the paint)	05:49	8-8		
	05:35			MISS 3PTR by MISSKEY,CARA
REBOUND DEF by KACZUR,KIANA	--			
MISS 3PTR by FOULLONG,LAUREN	05:18			
REBOUND OFF by FALK,KELSEY	--			

MISS JUMPER by FALK,KELSEY	05:12				
	05:12			BLOCK by FUST,IZZII	
	--			REBOUND DEF by FUST,IZZII	
	04:55	8-10	H 2	GOOD JUMPER by BELMORE,JADE	
TURNOVER by FOULLONG,LAUREN	04:37				
	04:37			STEAL by MISSKEY,CARA	
	04:30			MISS 3PTR by SEIDA,MADDY	
REBOUND DEF by FALK,KELSEY	--				
MISS JUMPER by FALK,KELSEY	04:20				
	--			REBOUND DEF by BELMORE,JADE	
	04:03			TURNOVER by FUST,IZZII	
TIMEOUT by TEAM	04:03				
	04:03			SUB OUT by SEIDA,MADDY	
	04:03			SUB OUT by FUST,KYU	
	04:03			SUB OUT by FUST,IZZII	
	04:03			SUB IN by GOTTSELIG,TAYLOR	
	04:03			SUB IN by WARD,ALEXYN	
	04:03			SUB IN by VANDERHOOF, RACHEL	
SUB OUT by FOULLONG,LAUREN	04:03				
SUB OUT by FALK,KELSEY	04:03				
SUB IN by WILLIAMS,AIKO	04:03				
SUB IN by MCCARTHY,TENNYSON	04:03				
	03:45			SUB OUT by MISSKEY,CARA	
	03:45			SUB IN by FUST,KYU	
MISS 3PTR by KACZUR,KIANA	03:41				
REBOUND OFF by MCCARTHY,TENNYSON	--				
TURNOVER by PINK,LILY	03:39				
	03:23	8-13	H 5	GOOD 3PTR by FUST,KYU	
TURNOVER by PINK,LILY	02:57				
	02:57			STEAL by WARD,ALEXYN	
FOUL by KACZUR,KIANA	02:51				
	02:51			SUB OUT by WARD,ALEXYN	
	02:51			SUB OUT by BELMORE,JADE	
	02:51			SUB IN by VALLEY,JOSIE	
	02:51			SUB IN by MISSKEY,CARA	
SUB OUT by KACZUR,KIANA	02:51				
SUB OUT by PINK,LILY	02:51				
SUB IN by TSUZUKI,TSUKI	02:51				
SUB IN by FALK,KELSEY	02:51				
	02:46			TURNOVER by GOTTSELIG,TAYLOR	
SUB OUT by AINA,TEMI	02:46				
SUB IN by FOULLONG,LAUREN	02:46				
MISS 3PTR by WILLIAMS,AIKO	02:37				
	--			REBOUND DEF by VANDERHOOF, RACHEL	
	02:20			MISS 3PTR by FUST,KYU	
REBOUND DEF by WILLIAMS,AIKO	--				
	01:57			FOUL by MISSKEY,CARA	
	01:57			SUB OUT by VALLEY,JOSIE	
	01:57			SUB OUT by MISSKEY,CARA	
	01:57			SUB IN by SEIDA,MADDY	
	01:57			SUB IN by BELMORE,JADE	
SUB OUT by MCCARTHY,TENNYSON	01:57				
SUB IN by HART,STEFANIE	01:57				
MISS LAYUP by TSUZUKI,TSUKI(in the paint)	01:42				
	--			REBOUND DEF by VANDERHOOF, RACHEL	
	01:20			MISS 3PTR by FUST,KYU	
REBOUND DEF by TEAM	--				
	01:17			SUB OUT by FUST,KYU	
	01:17			SUB IN by FUST,IZZII	
SUB OUT by WILLIAMS,AIKO	01:17				
SUB IN by PINK,LILY	01:17				
GOOD LAYUP by PINK,LILY(in the paint)	01:05	10-13	H 3		

	00:51			MISS LAYUP by FUST,IZZI
	--			REBOUND OFF by VANDERHOOF, RACHEL
	00:44	10-15	H 5	GOOD LAYUP by FUST,IZZI(in the paint)
	--			ASSIST by VANDERHOOF, RACHEL
MISS 3PTR by FOULLONG,LAUREN	00:37			
	--			REBOUND DEF by BELMORE,JADE
	00:26			MISS LAYUP by GOTTSSELIG,TAYLOR(in the paint)
REBOUND DEF by FOULLONG,LAUREN	--			
MISS 3PTR by FOULLONG,LAUREN	00:05			
REBOUND OFF by FALK,KELSEY	--			

### 2nd Play By Play

VISITORS: UBCO Heat (W)	Time	Score	Margin	HOME TEAM: Regina Cougars (W)
	10:00			SUB OUT by GOTTSSELIG,TAYLOR
	10:00			SUB IN by METZ,BRENNA
SUB OUT by HART,STEFANIE	10:00			
SUB OUT by FALK,KELSEY	10:00			
SUB IN by AINA,TEMI	10:00			
SUB IN by MCCARTHY,TENNYSON	10:00			
	09:49			MISS JUMPER by VANDERHOOF, RACHEL
REBOUND DEF by AINA,TEMI	--			
MISS LAYUP by AINA,TEMI	09:40			
	--			REBOUND DEF by BELMORE,JADE
	09:31			MISS JUMPER by SEIDA,MADDY(in the paint)
REBOUND DEF by TSUZUKI,TSUKI	--			
GOOD JUMPER by PINK,LILY	09:22	12-15	H 3	
ASSIST by MCCARTHY,TENNYSON	--			
	08:58			MISS LAYUP by FUST,IZZI(in the paint)
BLOCK by MCCARTHY,TENNYSON	08:58			
REBOUND DEF by PINK,LILY	--			
GOOD LAYUP by PINK,LILY(fastbreak)	08:52	14-15	H 1	
FOUL by AINA,TEMI	08:38			
	08:38			SUB OUT by SEIDA,MADDY
	08:38			SUB IN by MISSKEY,CARA
	08:38			MISS FT by FUST,IZZI
	--			REBOUND DEADB by TEAM
	08:38			MISS FT by FUST,IZZI
	--			REBOUND OFF by BELMORE,JADE
	08:37			MISS LAYUP by BELMORE,JADE
	--			REBOUND OFF by VANDERHOOF, RACHEL
	08:24			TURNOVER by MISSKEY,CARA
SUB OUT by AINA,TEMI	08:24			
SUB IN by FALK,KELSEY	08:24			
TURNOVER by TSUZUKI,TSUKI	08:17			
SUB OUT by FOULLONG,LAUREN	08:17			
SUB IN by WILLIAMS,AIKO	08:17			
	07:58	14-18	H 4	GOOD 3PTR by MISSKEY,CARA
GOOD LAYUP by FALK,KELSEY	07:40	16-18	H 2	
	07:25	16-21	H 5	GOOD 3PTR by MISSKEY,CARA
	--			ASSIST by FUST,IZZI
MISS 3PTR by WILLIAMS,AIKO	06:58			
TURNOVER by TEAM	06:56			
SUB OUT by PINK,LILY	06:56			
SUB IN by KACZUR,KIANA	06:56			
	06:37	16-23	H 7	GOOD JUMPER by VANDERHOOF, RACHEL
	--			ASSIST by BELMORE,JADE
MISS 3PTR by MCCARTHY,TENNYSON	06:22			
	--			REBOUND DEF by MISSKEY,CARA
	06:16			TURNOVER by MISSKEY,CARA
	06:16			SUB OUT by VANDERHOOF, RACHEL



	06:16			SUB IN by FUST,KYU
MISS 3PTR by FALK,KELSEY	05:59			
	--			REBOUND DEF by TEAM
SUB OUT by TSUZUKI,TSUKI	05:57			
SUB OUT by MCCARTHY,TENNYSON	05:57			
SUB IN by PINK,LILY	05:57			
SUB IN by HART,STEFANIE	05:57			
	05:41			TURNOVER by MISSKEY,CARA
STEAL by PINK,LILY	05:41			
MISS JUMPER by WILLIAMS,AIKO	05:25			
	--			REBOUND DEF by METZ,BRENNA
	05:14			MISS JUMPER by FUST,IZZI(in the paint)
BLOCK by PINK,LILY	05:14			
	--			REBOUND OFF by TEAM
	05:14			SUB OUT by METZ,BRENNA
	05:14			SUB IN by GOTTSELIG,TAYLOR
	05:10			TURNOVER by GOTTSELIG,TAYLOR
	05:10			SUB OUT by FUST,IZZI
	05:10			SUB IN by VANDERHOOF,RACHEL
MISS JUMPER by PINK,LILY	04:52			
REBOUND OFF by KACZUR,KIANA	--			
MISS 3PTR by WILLIAMS,AIKO	04:46			
REBOUND OFF by WILLIAMS,AIKO	--			
TURNOVER by TEAM	04:44			
TIMEOUT by TEAM	04:44			
SUB OUT by WILLIAMS,AIKO	04:44			
SUB IN by FOULLONG,LAUREN	04:44			
	04:29			MISS 3PTR by BELMORE,JADE
	--			REBOUND OFF by VANDERHOOF,RACHEL
	04:24			MISS JUMPER by VANDERHOOF,RACHEL(in the paint)
REBOUND DEF by KACZUR,KIANA	--			
MISS LAYUP by PINK,LILY	04:19			
	--			REBOUND DEF by FUST,KYU
	04:17			TURNOVER by FUST,KYU
STEAL by HART,STEFANIE	04:17			
SUB OUT by FALK,KELSEY	04:17			
SUB IN by AINA,TEMI	04:17			
GOOD LAYUP by KACZUR,KIANA	04:02	18-23	H 5	
	03:36	18-26	H 8	GOOD 3PTR by GOTTSELIG,TAYLOR
	--			ASSIST by MISSKEY,CARA
MISS JUMPER by PINK,LILY(in the paint)	03:19			
	--			REBOUND DEF by TEAM
SUB OUT by KACZUR,KIANA	03:18			
SUB OUT by HART,STEFANIE	03:18			
SUB IN by TSUZUKI,TSUKI	03:18			
SUB IN by FALK,KELSEY	03:18			
	03:04			MISS LAYUP by MISSKEY,CARA
REBOUND DEF by FOULLONG,LAUREN	--			
GOOD LAYUP by FOULLONG,LAUREN	02:53	20-26	H 6	
	02:33	20-28	H 8	GOOD LAYUP by VANDERHOOF,RACHEL
	--			ASSIST by MISSKEY,CARA
MISS LAYUP by AINA,TEMI	02:14			
	--			REBOUND DEF by BELMORE,JADE
	02:06			MISS LAYUP by MISSKEY,CARA(in the paint)
REBOUND DEF by TEAM	--			
	02:05			TIMEOUT TEAM by TEAM
	02:05			SUB OUT by FUST,KYU
	02:05			SUB IN by FUST,IZZI
TURNOVER by FALK,KELSEY	01:53			
	01:40	20-30	H 10	GOOD JUMPER by VANDERHOOF,RACHEL
	--			ASSIST by MISSKEY,CARA
GOOD LAYUP by AINA,TEMI(in the paint)	01:25	22-30	H 8	

	01:05		MISS LAYUP by GOTTSELIG,TAYLOR(in the paint)
REBOUND DEF by FALK,KELSEY	--		
GOOD 3PTR by PINK,LILY	00:54	25-30	H 5
ASSIST by TSUZUKI,TSUKI	--		
	00:37		MISS 3PTR by FUST,IZZI
REBOUND DEF by FALK,KELSEY	--		
TURNOVER by AINA,TEMI	00:23		
	00:23		STEAL by GOTTSELIG,TAYLOR
	00:11		TURNOVER by VANDERHOOF, RACHEL
STEAL by FOULLONG,LAUREN	00:11		
	00:01		FOUL by GOTTSELIG,TAYLOR
	00:01		SUB OUT by MISSKEY,CARA
	00:01		SUB IN by SEIDA,MADDY
SUB OUT by AINA,TEMI	00:01		
SUB IN by KACZUR,KIANA	00:01		
GOOD FT by PINK,LILY	00:01	26-30	H 4
MISS FT by PINK,LILY	00:01		
	--		REBOUND DEF by BELMORE,JADE

### 3rd Play By Play

VISITORS: UBCO Heat (W)	Time	Score	Margin	HOME TEAM: Regina Cougars (W)
	10:00			SUB OUT by GOTTSELIG,TAYLOR
	10:00			SUB OUT by SEIDA,MADDY
	10:00			SUB IN by MISSKEY,CARA
	10:00			SUB IN by METZ,BRENNA
SUB OUT by KACZUR,KIANA	10:00			
SUB IN by MCCARTHY,TENNYSON	10:00			
	09:48			MISS JUMPER by VANDERHOOF, RACHEL
REBOUND DEF by TEAM	--			
MISS JUMPER by MCCARTHY,TENNYSON(in the paint)	09:31			
	--			REBOUND DEF by VANDERHOOF, RACHEL
	09:25	26-32	H 6	GOOD LAYUP by FUST,IZZI(fastbreak)
	--			ASSIST by BELMORE,JADE
TURNOVER by FOULLONG,LAUREN	09:12			
	09:12			STEAL by MISSKEY,CARA
	09:08			MISS LAYUP by MISSKEY,CARA
	--			REBOUND OFF by FUST,IZZI
	08:53			MISS 3PTR by MISSKEY,CARA
REBOUND DEF by FOULLONG,LAUREN	--			
GOOD 3PTR by FOULLONG,LAUREN	08:32	29-32	H 3	
ASSIST by TSUZUKI,TSUKI	--			
	08:20			MISS LAYUP by MISSKEY,CARA
REBOUND DEF by MCCARTHY,TENNYSON	--			
	08:19			FOUL by MISSKEY,CARA
GOOD LAYUP by FALK,KELSEY(in the paint)	07:59	31-32	H 1	
	07:47	31-34	H 3	GOOD LAYUP by BELMORE,JADE
	07:22			MISS LAYUP by BELMORE,JADE(in the paint)
TURNOVER by FALK,KELSEY	07:22			
REBOUND DEF by FOULLONG,LAUREN	--			
GOOD JUMPER by TSUZUKI,TSUKI	07:12	33-34	H 1	
	07:06			TURNOVER by BELMORE,JADE
STEAL by PINK,LILY	07:06			
GOOD LAYUP by MCCARTHY,TENNYSON	07:01	35-34	V 1	
ASSIST by PINK,LILY	--			
	06:56			SUB OUT by VANDERHOOF, RACHEL
	06:56			SUB IN by FUST,KYU
SUB OUT by MCCARTHY,TENNYSON	06:56			
SUB IN by AINA,TEMI	06:56			
	06:52			TURNOVER by BELMORE,JADE
STEAL by FOULLONG,LAUREN	06:52			

TURNOVER by AINA,TEMI	06:50				
	06:50			STEAL by MISSKEY,CARA	
	06:46	35-36	H 1	GOOD LAYUP by MISSKEY,CARA(fastbreak)	
MISS JUMPER by PINK,LILY	06:27				
	--			REBOUND DEF by TEAM	
	06:25			SUB OUT by FUST,IZZI	
	06:25			SUB OUT by METZ,BRENNA	
	06:25			SUB IN by GOTTSELIG,TAYLOR	
	06:25			SUB IN by VANDERHOOF, RACHEL	
SUB OUT by TSUZUKI,TSUKI	06:25				
SUB IN by KACZUR,KIANA	06:25				
SUB OUT by FOULLONG,LAUREN	06:13				
SUB IN by WILLIAMS,AIKO	06:13				
	06:03			TURNOVER by TEAM	
MISS LAYUP by KACZUR,KIANA	05:53				
REBOUND OFF by KACZUR,KIANA	--				
MISS LAYUP by AINA,TEMI	05:35				
REBOUND OFF by AINA,TEMI	--				
TURNOVER by WILLIAMS,AIKO	05:30				
SUB OUT by FALK,KELSEY	05:09				
SUB IN by MCCARTHY,TENNYSON	05:09				
	05:06			MISS JUMPER by VANDERHOOF, RACHEL	
REBOUND DEF by MCCARTHY,TENNYSON	--				
	05:03			SUB OUT by GOTTSELIG,TAYLOR	
	05:03			SUB OUT by FUST,KYU	
	05:03			SUB IN by SEIDA,MADDY	
	05:03			SUB IN by METZ,BRENNA	
MISS LAYUP by MCCARTHY,TENNYSON	04:55				
	--			REBOUND DEF by MISSKEY,CARA	
FOUL by AINA,TEMI	04:54				
TIMEOUT by TEAM	04:54				
SUB OUT by AINA,TEMI	04:54				
SUB IN by FALK,KELSEY	04:54				
	04:38			MISS LAYUP by VANDERHOOF, RACHEL	
REBOUND DEF by FALK,KELSEY	--				
MISS LAYUP by WILLIAMS,AIKO(in the paint)	04:18				
REBOUND OFF by MCCARTHY,TENNYSON	--				
GOOD JUMPER by MCCARTHY,TENNYSON(in the paint)	04:13	37-36	V 1		
	04:02			TURNOVER by BELMORE,JADE	
STEAL by FALK,KELSEY	04:02				
TURNOVER by PINK,LILY	03:52				
SUB OUT by PINK,LILY	03:52				
SUB IN by TSUZUKI,TSUKI	03:52				
	03:35			MISS JUMPER by VANDERHOOF, RACHEL(in the paint)	
REBOUND DEF by FALK,KELSEY	--				
GOOD 3PTR by WILLIAMS,AIKO	03:25	40-36	V 4		
	03:03			MISS 3PTR by MISSKEY,CARA	
	--			REBOUND OFF by VANDERHOOF, RACHEL	
	02:54			MISS LAYUP by SEIDA,MADDY	
BLOCK by MCCARTHY,TENNYSON	02:54				
	--			REBOUND OFF by TEAM	
SUB OUT by MCCARTHY,TENNYSON	02:53				
SUB IN by HART,STEFANIE	02:53				
	02:47	40-38	V 2	GOOD LAYUP by MISSKEY,CARA	
MISS 3PTR by KACZUR,KIANA	02:31				
REBOUND OFF by FALK,KELSEY	--				
GOOD LAYUP by HART,STEFANIE(in the paint)	02:24	42-38	V 4		
ASSIST by FALK,KELSEY	--				
	02:08			MISS JUMPER by VANDERHOOF, RACHEL	
REBOUND DEF by FALK,KELSEY	--				
MISS JUMPER by FALK,KELSEY	01:56				
	--			REBOUND DEF by BELMORE,JADE	

	01:47		MISS LAYUP by BELMORE,JADE
REBOUND DEF by FALK,KELSEY	--		
MISS 3PTR by WILLIAMS,AIKO	01:39		
	--		REBOUND DEF by TEAM
	01:38		SUB OUT by VANDERHOOFT,RACHEL
	01:38		SUB IN by FUST,IZZI
SUB OUT by WILLIAMS,AIKO	01:38		
SUB OUT by FALK,KELSEY	01:38		
SUB IN by FOULLONG,LAUREN	01:38		
SUB IN by PINK,LILY	01:38		
	01:23	42-40 V 2	GOOD JUMPER by BELMORE,JADE
	--		ASSIST by SEIDA,MADDY
MISS 3PTR by KACZUR,KIANA	01:06		
	01:06		BLOCK by METZ,BRENNA
REBOUND OFF by HART,STEFANIE	--		
TURNOVER by HART,STEFANIE	01:01		
	01:01		STEAL by MISSKEY,CARA
	00:55	42-42	GOOD LAYUP by MISSKEY,CARA
GOOD LAYUP by TSUZUKI,TSUKI(in the paint)	00:40	44-42 V 2	
	00:28		MISS 3PTR by SEIDA,MADDY
BLOCK by PINK,LILY	00:28		
	--		REBOUND OFF by METZ,BRENNA
	00:19	44-44	GOOD JUMPER by METZ,BRENNA
	00:16		FOUL by MISSKEY,CARA
	00:16		SUB OUT by MISSKEY,CARA
	00:16		SUB OUT by FUST,IZZI
	00:16		SUB OUT by METZ,BRENNA
	00:16		SUB IN by GOTTSELIG,TAYLOR
	00:16		SUB IN by WARD,ALEXYN
	00:16		SUB IN by VANDERHOOFT,RACHEL
SUB OUT by KACZUR,KIANA	00:16		
SUB IN by AINA,TEMI	00:16		
MISS LAYUP by HART,STEFANIE	00:00		

#### 4th Play By Play

VISITORS: UBCO Heat (W)	Time	Score	Margin	HOME TEAM: Regina Cougars (W)
	10:00			SUB OUT by WARD,ALEXYN
	10:00			SUB OUT by SEIDA,MADDY
	10:00			SUB OUT by VANDERHOOFT,RACHEL
	10:00			SUB IN by MISSKEY,CARA
	10:00			SUB IN by FUST,KYU
	10:00			SUB IN by FUST,IZZI
SUB OUT by AINA,TEMI	10:00			
SUB OUT by HART,STEFANIE	10:00			
SUB IN by MCCARTHY,TENNYSON	10:00			
SUB IN by FALK,KELSEY	10:00			
	09:49	44-47	H 3	GOOD 3PTR by FUST,KYU
	--			ASSIST by FUST,IZZI
GOOD JUMPER by FALK,KELSEY(in the paint)	09:39	46-47	H 1	
ASSIST by FOULLONG,LAUREN	--			
	09:22			MISS LAYUP by FUST,IZZI
REBOUND DEF by FALK,KELSEY	--			
MISS JUMPER by MCCARTHY,TENNYSON(in the paint)	09:12			
	--			REBOUND DEF by BELMORE,JADE
	08:47	46-50	H 4	GOOD 3PTR by MISSKEY,CARA
GOOD 3PTR by FOULLONG,LAUREN	08:37	49-50	H 1	
ASSIST by FALK,KELSEY	--			
	08:18			MISS 3PTR by MISSKEY,CARA
REBOUND DEF by FALK,KELSEY	--			
	08:07			SUB OUT by GOTTSELIG,TAYLOR

	08:07			SUB OUT by FUST,IZZII
	08:07			SUB IN by VANDERHOOF, RACHEL
	08:07			SUB IN by METZ, BRENNIA
SUB OUT by MCCARTHY, TENNYSON	08:07			
SUB IN by AINA, TEMI	08:07			
MISS 3PTR by FOULLONG, LAUREN	08:03			
	--			REBOUND DEF by TEAM
	07:47			TURNOVER by MISSKEY, CARA
STEAL by FALK, KELSEY	07:47			
TURNOVER by FALK, KELSEY	07:38			
	07:38			STEAL by VANDERHOOF, RACHEL
	07:32	49-52	H 3	GOOD LAYUP by VANDERHOOF, RACHEL(fastbreak)(in the paint)
	--			ASSIST by METZ, BRENNIA
FOUL by FALK, KELSEY(in the paint)	07:31			
	07:31			MISS FT by VANDERHOOF, RACHEL(fastbreak)
REBOUND DEF by TSUZUKI, TSUKI	--			
GOOD LAYUP by PINK, LILY(fastbreak)(in the paint)	07:21	51-52	H 1	
FOUL by FALK, KELSEY	07:01			
SUB OUT by FOULLONG, LAUREN	07:01			
SUB OUT by FALK, KELSEY	07:01			
SUB IN by WILLIAMS, AIKO	07:01			
SUB IN by MCCARTHY, TENNYSON	07:01			
	07:01	51-53	H 2	GOOD FT by MISSKEY, CARA
	07:01	51-54	H 3	GOOD FT by MISSKEY, CARA
TURNOVER by AINA, TEMI	06:52			
	06:40			MISS JUMPER by MISSKEY, CARA(in the paint)
REBOUND DEF by TEAM	--			
SUB OUT by TSUZUKI, TSUKI	06:38			
SUB IN by KACZUR, KIANA	06:38			
MISS 3PTR by WILLIAMS, AIKO	06:30			
	--			REBOUND DEF by MISSKEY, CARA
FOUL by AINA, TEMI	06:12			
	06:12			SUB OUT by FUST, KYU
	06:12			SUB IN by FUST, IZZII
	06:12	51-55	H 4	GOOD FT by BELMORE, JADE
	06:12	51-56	H 5	GOOD FT by BELMORE, JADE
	06:12			SUB OUT by MISSKEY, CARA
	06:12			SUB IN by GOTTSELIG, TAYLOR
TURNOVER by MCCARTHY, TENNYSON	05:54			
SUB OUT by AINA, TEMI	05:54			
SUB IN by FALK, KELSEY	05:54			
	05:36	51-58	H 7	GOOD JUMPER by VANDERHOOF, RACHEL
	--			ASSIST by GOTTSELIG, TAYLOR
FOUL by PINK, LILY	05:25			
TURNOVER by PINK, LILY	05:25			
SUB OUT by WILLIAMS, AIKO	05:25			
SUB IN by TSUZUKI, TSUKI	05:25			
	05:15			MISS JUMPER by VANDERHOOF, RACHEL(in the paint)
BLOCK by PINK, LILY	05:15			
	--			REBOUND OFF by VANDERHOOF, RACHEL
	05:10	51-60	H 9	GOOD LAYUP by GOTTSELIG, TAYLOR(in the paint)
	--			ASSIST by VANDERHOOF, RACHEL
MISS LAYUP by TSUZUKI, TSUKI(in the paint)	04:51			
	04:51			BLOCK by FUST, IZZII
REBOUND OFF by TEAM	--			
TIMEOUT by TEAM	04:50			
SUB OUT by PINK, LILY	04:50			
SUB IN by FOULLONG, LAUREN	04:50			
GOOD LAYUP by MCCARTHY, TENNYSON(in the paint)	04:47	53-60	H 7	
ASSIST by KACZUR, KIANA	--			
	04:36			MISS JUMPER by BELMORE, JADE(in the paint)
	--			REBOUND OFF by FUST, IZZII

	04:31	TURNOVER	by FUST,IZZII
STEAL by MCCARTHY,TENNYSON	04:31		
SUB OUT by KACZUR,KIANA	04:31		
SUB IN by PINK,LILY	04:31		
TURNOVER by TSUZUKI,TSUKI	04:11		
	04:11	STEAL	by BELMORE,JADE
	04:04	MISS JUMPER	by VANDERHOOFT,RACHEL(in the paint)
REBOUND DEF by MCCARTHY,TENNYSON	--		
MISS LAYUP by PINK,LILY(in the paint)	03:53		
	--	REBOUND DEF	by GOTTSSELIG,TAYLOR
	03:45	TURNOVER	by GOTTSSELIG,TAYLOR
	03:34	FOUL	by METZ,BRENNA
	03:34	SUB OUT	by GOTTSSELIG,TAYLOR
	03:34	SUB IN	by MISSKEY,CARA
SUB OUT by MCCARTHY,TENNYSON	03:34		
SUB IN by KACZUR,KIANA	03:34		
MISS JUMPER by FALK,KELSEY	03:31		
	--	REBOUND DEF	by TEAM
	03:06	TURNOVER	by METZ,BRENNA
STEAL by FALK,KELSEY	03:06		
MISS 3PTR by FOULLONG,LAUREN	02:57		
	--	REBOUND DEF	by FUST,IZZII
	02:42	MISS JUMPER	by BELMORE,JADE
REBOUND DEF by FALK,KELSEY	--		
TURNOVER by FALK,KELSEY	02:38		
	02:38	STEAL	by FUST,IZZII
	02:27	MISS LAYUP	by FUST,IZZII(in the paint)
BLOCK by PINK,LILY	02:27		
	--	REBOUND OFF	by TEAM
	02:23 53-62 H 9	GOOD LAYUP	by METZ,BRENNA(in the paint)
	--	ASSIST	by MISSKEY,CARA
TIMEOUT TEAM by TEAM	02:23		
	02:01	FOUL	by VANDERHOOFT,RACHEL
MISS FT by FALK,KELSEY	02:01		
REBOUND DEADB by TEAM	--		
GOOD FT by FALK,KELSEY	02:01 54-62 H 8		
SUB OUT by KACZUR,KIANA	02:01		
SUB IN by AINA,TEMI	02:01		
	01:45	MISS LAYUP	by VANDERHOOFT,RACHEL(in the paint)
REBOUND DEF by FOULLONG,LAUREN	--		
TURNOVER by FOULLONG,LAUREN	01:36		
	01:36	STEAL	by MISSKEY,CARA
FOUL by AINA,TEMI	01:12		
SUB OUT by AINA,TEMI	01:12		
SUB IN by KACZUR,KIANA	01:12		
	01:12 54-63 H 9	GOOD FT	by VANDERHOOFT,RACHEL
	01:12 54-64 H 10	GOOD FT	by VANDERHOOFT,RACHEL
GOOD JUMPER by PINK,LILY	01:01 56-64 H 8		
	00:38	TURNOVER	by FUST,IZZII
TIMEOUT TEAM by TEAM	00:38		
	00:38	SUB OUT	by MISSKEY,CARA
	00:38	SUB IN	by GOTTSSELIG,TAYLOR
MISS LAYUP by PINK,LILY(in the paint)	00:36		
REBOUND OFF by TEAM	--		
MISS LAYUP by FALK,KELSEY(in the paint)	00:29		
	--	REBOUND DEF	by VANDERHOOFT,RACHEL
	00:08	MISS 3PTR	by BELMORE,JADE
REBOUND DEF by PINK,LILY	--		